

Reno Endoscopy Center
880 Ryland Street
Reno, Nevada 89502
(775) 329-1009

**For Scheduling Charges,
Call 329-4600**

Carson Endoscopy Center
707 N. Minnesota Street
Carson City, Nevada 89703
(775) 884-8818

**For Scheduling Changes,
Call 884-4567**

GASTROSCOPY PREPARATION

Patient Name _____ Appointment Date _____

- Reno Endoscopy Center
 Carson Endoscopy Center
 Other _____

Check-in Time _____

Your Physicians has decided that a gastroscopy examination is necessary to evaluate your upper digestive tract. To achieve a thorough examination it is required that your stomach be empty. Food particles inside your stomach can hide important conditions that may be present. Therefore, it is very important that you follow the instructions below carefully as possible. If you have any questions, please call our procedure facility prior to your examination so we may take care of any concerns well ahead of time.

Special Considerations:

If any of the following apply to you, please let us know well in advance of the examination so that we can provide special instructions:

- **Your take Coumadin (Blood thinner)**
- **You have an artificial heart valve or other condition requiring antibiotics**
- **You have diabetes**

Special Instructions:

The Day Before The Procedure: ____/____/____

- You may have your usual diet during the day **but only clear liquids after 8 p.m.** **Foods allowed:** water, clear fruit juices (pulp-free, no red or purple), soft drinks (no red or purple), strained soups and bouillon, Jell-O (no red or purple), Popsicles (no red or purple), black coffee or tea, and Lifesavers (no red or purple).
NO SOLID FOODS OR MILK PRODUCTS ARE ALLOWED
- Your Stomach must be empty when we perform the examination.
- Follow your normal medication schedule with sips of water or other clear liquids.

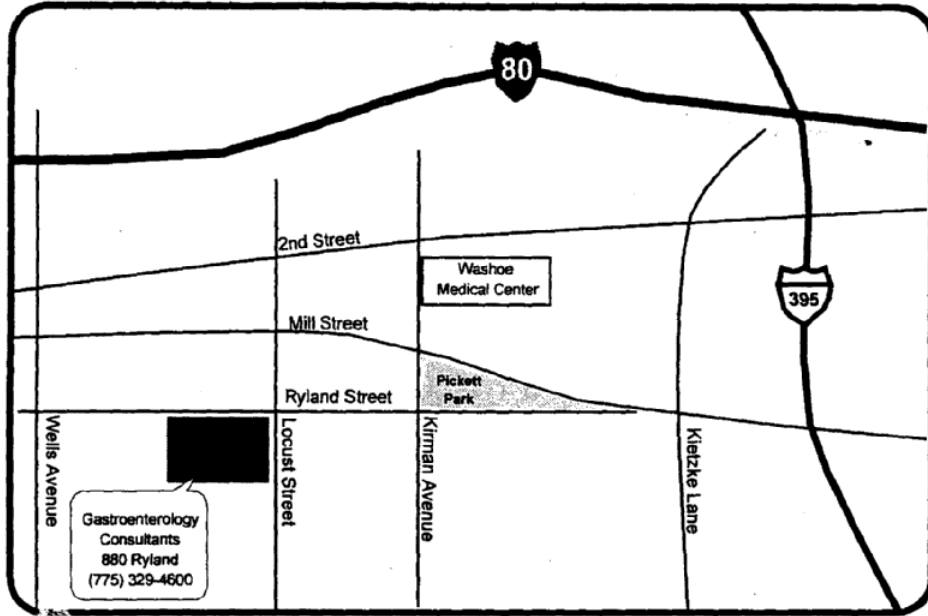
The Day Of The Procedure: ____/____/____

- Do not eat anything before the procedure except for small amounts of clear liquids such as water, clear sodas, clear fruit juices (pulp-free, no red or purple), and bouillon (**absolutely nothing by mouth 4 hours before the procedure**).
- Take your usual a.m. medications (high blood pressure medication, etc) up to 4 hours before the procedure with small sips of water. If you have an early procedure (before 10 a.m.) you should take your a.m. medications right after the procedure.
- DO NOT FORGET TO ARRANGE FOR TRANSPORTATION AFTER THE PROCEDURE, AS YOU WILL BE SEDATED AND UNABLE TO DRIVE FOR THE REMAINDER OF THE DAY.** You can plan on being at the procedure center approximately two hours. You will not be able to drive a car, operate any machinery or go to work until the following day.
- Co-pay, Co-Insurance and Deductible amounts are due at the time of service. Please be prepared to pay for said fees on the day of the procedure.**
- Please leave valuables at home.** We are not responsible for valuables brought into the Endoscopy Center.
- Please be aware** that **nail polish** may be removed during exam for your safety.
- Please be aware** that **dentures** will be removed during exam for your safety.
- If you are coming from **out of town** or staying at some place other than your main residence, please call our office and leave a number where you can be reached.

Reno Endoscopy Center	(775) 329-1009
Carson Endoscopy Center	(775) 884-8818
All Out of Town Patients	(800) 442-0041

SEE MAPS ON THE NEXT PAGE FOR DIRECTIONS

RENO



CARSON CITY

