PEG PREPARATION
(percutaneous endoscopic gastrostomy)

Your physician has decided that a PEG tube (also called a feeding tube) is necessary for you to maintain adequate nutrition and medications. A gastroscopy examination with PEG tube placement is scheduled to evaluate your upper digestive tract and make a small abdominal incision to place the PEG tube.

To achieve a thorough examination it is required that your stomach be empty. Food particles inside your stomach can hide important conditions that may be present. Therefore, it is very important that you follow the instructions below as carefully as possible. If you have any questions, please call our procedure facility prior to your examination so we may take care of any concerns well ahead of time.

Special Considerations

- If any of the following apply to you, please let us know well in advance of the examination so that we can provide special instructions:
- You take ANY medication that prevents your blood from clotting, ie. Coumadin (warfarin, Jantoven), Plavix, Pradaxa, Effient, and Xarelto (Rivaroxaban).
- You have an artificial heart valve
- You have diabetes

The Day before the Procedure: ____/____/____
- You may have your usual diet during the day but only clear liquids after 8 p.m.
- Foods allowed: water, clear fruit juices (pulp-free, no red or purple), soft drinks (no red or purple), strained soups and bouillon, Jell-O (no red or purple), Popsicles (no red or purple), black coffee or tea, and Lifesavers (no red or purple).
- NO SOLID FOODS OR MILK PRODUCTS ARE ALLOWED
- Your stomach must be empty when we perform the examination.
- Follow your normal medication schedule with sips of water or other clear liquids.

The Day of the Procedure: ____/____/____
- Do not eat anything before the procedure except for small amounts of clear liquids such as water, clear sodas, clear fruit juices (pulp-free, no red or purple), and bouillon (absolutely
nothing by mouth 4 hours before the procedure).
• Take your usual a.m. medications (high blood pressure medication, etc.) up to 4 hours before the procedure with small sips of water.
• If applicable, do not shave your abdomen / stomach area.

GENERAL INFORMATION
Please comply with the following instructions listed below:

(1) Bring all completed forms from your packet.

(2) Bring in your insurance cards and a photo ID such as a driver’s license so that we may assist you in billing for our services.
• All co-pays and deductibles are due at the time of service. Please be prepared to pay these fees on the day of your procedure.

(3) Leave all jewelry and personal valuables at home. Be sure to bring any reading glasses and/or hearing aids to your procedure.

(4) YOU WILL NEED A RESPONSIBLE DRIVER TO TAKE YOU HOME. Due to the sedation given for your procedure, you will be unable to drive for the remainder of the day.
• If you choose to take a taxi, you MUST be accompanied by a responsible adult.

(5) Contact Information: If you are coming from out of town or staying at a place other than your main residence, please call our office and leave a number where you will be staying in case we need to contact you.

(6) Procedure Preparation for Colonoscopy:
• Please take the prescription that is attached to your preparation instructions to your pharmacy to be filled.
• Do not follow the instructions that come with your preparation. Please follow only our instructions provided.
• If you have questions regarding your Colonoscopy or your prep, please refer to the FAQ’s sheet also included in this folder.
• In addition, we have a Colonoscopy Hotline phone number that you can call at any time to receive additional automated information regarding your colonoscopy prep. That phone number is 775-294-7282.
• Please refer to our website at www.giconsultants.com for additional information on screening colonoscopies.

Carson Endoscopy Center (775) 884-8818
All Out of Town Patients (800) 442-0041
http://www.giconsultants.com

“Allergic reactions to the constituents of the bowel cleansing solution are rare. If you think you are having an adverse reaction, please contact us immediately or go to nearest ER.”