

Reno Endoscopy Center
880 Ryland Street
Reno, Nevada 89502
(775) 329-1009

South Meadows Endoscopy Center
10619 Professional Circle
Reno, Nevada 89521
(775) 852-1886

Carson Endoscopy
707 N. Minnesota Street
Carson City, Nevada 89703
(775) 884-8818

For Scheduling Changes, please call:

Reno (775) 329-4600 South Meadows (775) 852-4848 Carson (775) 884-4567 Gardnerville (775) 783-4818

Patient Name: _____ Appointment Date: _____

Check-in Time: _____

Pre-Procedure, Colonoscopy: Instructions for Diabetic Patients with Insulin Pumps

1. Ensure you are scheduled for an appointment in the morning.
2. Contact your doctor or clinic that manages your insulin pump and notify them of your upcoming procedure, diet restrictions and bowel prep (if having a bowel prep).
3. Obtain instructions on how to adjust your insulin pump dosing and follow those orders. Please bring a copy of the orders with you to your procedure.
4. If you are unable to contact your doctor or clinic managing your insulin pump, then follow the guidelines below:

Day before procedure:

Follow colonoscopy instructions for diet and prep plus the following:

- a. Clear liquids only; regular products, **avoid** sugar free or diet products. No solid food.
- b. Insulin pump to run at regular rate.
- c. Boluses to be given ½ hour prior to consuming clear liquid meal (due to more rapid absorption of glucose into bloodstream with clear liquids).
- d. Check and document blood sugar at least QID
- e. Maintain hydration during bowel prep.
- f. **Change insulin pump to basal rate at bedtime.**
- g. Report any hypoglycemic, hyperglycemic problems or questions to your Provider or Clinic managing your diabetes and insulin pump.

Day of Procedure:

- a. Nothing to drink four hours prior to procedure.
- b. Four hours before your procedure, change insulin pump to **temporary basal rate (80% of your basal rate)**.
- c. Check your blood sugar at time of change to temporary basal rate and at least every four hours until procedure complete.
- d. If having your procedure at **Carson Endoscopy Center**, please bring glucometer and supplies for checking blood sugar with you.
- e. Resume your diet and normal insulin pump routine upon discharge and return home.